

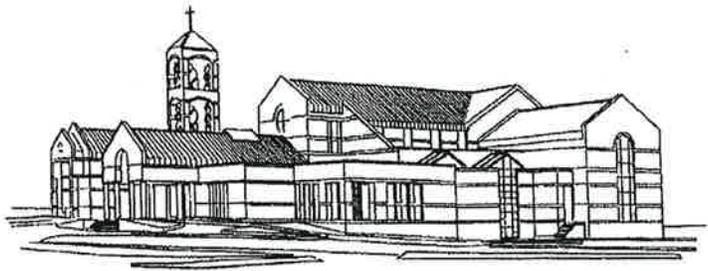
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FIFTH SUNDAY IN ORDINARY TIME

February 8, 2026

Message from Fr. Shaiju

My dear brothers and sisters, the Fifth Sunday in Ordinary Time gently draws our hearts to the very soul of Christian living. Jesus speaks to us with tenderness and trust: **“You are the salt of the earth and the light of the world.”** Like salt that disappears in order to give flavour and preserve life, true discipleship is a quiet self-gift. It is not about being noticed, but about allowing our lives to be poured out in love, so that what is good, true, and lasting may endure. When our lives are offered to Christ, His life begins to shine through us. The image of light reminds us of a beautiful truth: **Christ lives in me.** His light within us dispels every form of darkness seen and unseen, heals our brokenness, and transforms our weakness into grace. Bathed in His light, we begin to shine with truth, mercy, and hope, leading others not by many words, but by a life shaped by the Gospel. Therefore, dear friends, let us remain close to Jesus, the true Light. May our lives become gentle signs of God’s living presence in a world longing for meaning, peace, and hope. Wishing you all a grace-filled and blessed week ahead.

*Cari fratelli e sorelle, la Quinta Domenica del Tempo Ordinario ci richiama al cuore della vita cristiana. Gesù ci dice: «Voi siete il sale della terra e la luce del mondo». Come il sale che si dissolve per dare sapore, il vero discepolato è un dono silenzioso di sé, vissuto nell'amore. Quando offriamo la nostra vita a Cristo, la Sua luce risplende in noi: guarisce le nostre ferite, vince ogni oscurità e trasforma la debolezza in grazia. L'immagine della luce ci ricorda una verità meravigliosa: **Cristo vive in me.** Illuminati da Lui, siamo chiamati a testimoniare il Vangelo con una vita di verità, misericordia e speranza. Restiamo vicini a Gesù, la vera Luce, perché le nostre vite siano segni della presenza viva di Dio in un mondo che cerca pace e speranza. Auguro a tutti una settimana benedetta e colma di grazia.*

~Fr. Shaiju Ponmalakunnel

World Day of the Sick

The Universal Church will celebrate the 34th World Day of the Sick on Wednesday February 11, 2026. There will be a special Mass with anointing of the sick on **Wednesday February 11, 2026 at 7pm.** The Sacrament is intended to strengthen, support, encourage and comfort those who are sick. In this sacrament we encounter Jesus who heals physically and spiritually and restores us to health in mind and body. It offers the sick an opportunity to open themselves to the healing power of Jesus who says, “I have come that they may have life, and have it more abundantly” (Jn 10:10). By participating in this sacrament, the Risen Lord comes to strengthen us in body, mind and spirit.

La Chiesa universale celebrerà la trentaquattresima Giornata Mondiale del Malato mercoledì 11 febbraio, 2026. Sarà una S. Messa bilingue celebrata **mercoledì 11 febbraio, 2026 alle ore 7:00pm,** con l'amministrazione del Sacramento degli infermi per tutti gli ammalati della comunità. In questo sacramento incontriamo Gesù che guarisce fisicamente e spiritualmente e ci ridona la salute nella mente e nel corpo.

Be Part of Our Good Friday Passion Play!

You are warmly invited participate in our parish’s annual Good Friday Passion Play. This is a beautiful opportunity to pray, serve, and grow together as a community. We are seeking **actors** as well as **behind-the-scenes helpers** to assist with costumes, sets, A/V and other creative roles. No experience is necessary, just an open heart and willingness to participate. Whether you feel called to be on stage or to support from behind the scenes, there is a place for you. **Contact the parish office for more information.**