

# "ONE HOUR WITH JESUS" EUCHARISTIC ADORATION

IMMACULATE CONCEPTION PARISH, WOODBRIDGE

*"So you could not keep watch with me for one hour?" Matthew 26:40)*

You are invited to join us for our monthly  
One Hour with Jesus Eucharistic Adoration  
on

**Thursday, April 10, 2025  
at 7:30pm**

As Catholics, we firmly believe that the Holy Eucharist is the Body, Blood, Soul, and Divinity of Jesus Christ, our Savior. It is His true and real presence among us. I encourage you to set aside an hour from your busy schedule to spend time in His presence—praying, meditating, and adoring Him.

Many of us are overwhelmed by life's challenges. Perhaps you are facing a battle that seems bigger than you, weighed down by worries and anxieties, uncertain of what to do or where to turn. This One Hour with Jesus is a beautiful opportunity to bring your burdens before Him with confidence, to pour out your heart in prayer, and to seek His peace and guidance.

It is also a sacred moment to express gratitude for the blessings, graces, and favors He has poured into your life and your family.

**So, just show up—  
Jesus is waiting for you!**

